



# Munterconnaught

## Our Community Newsletter

[ourMCnews@gmail.com](mailto:ourMCnews@gmail.com) 086-0828040

**19<sup>th</sup> July 2023**

*Collated and published by Noeleen Skelly*

### OUR COMMUNITY NEWSLETTER

**FREE** to all readers (in paper or digital form).

**PAPER** – collect it in the shop. If you have a neighbour or friend who can't manage to read the newsletter online, consider printing one off for them.

**EMAIL** Contact the above by email to get your edition.

**YOUR INPUT** is welcome. All are welcome to contribute news.

**Advertisements are welcome** (and needed for the ongoing publication of this free newsletter).

### DEATHS

**Peadar Conaghan, Gortahork, Donegal** (2<sup>nd</sup> June 2023). Our sympathy to his daughter Michelle Walker and her family.

**Peter Stanley, Virginia, formerly Knocknaveigh** (5<sup>th</sup> June 2023). Our sympathy to his wife Bernie and their family, and his siblings Ollie (Rahard), Tom (Knocknaveigh) and Maura Brady (Ballydurrow).

**Lizzie Manning (nee Caldwell), Lisgrey** (9<sup>th</sup> July 2023). Our sympathy to her daughter Siobhan Hetheron, Lurganboy and her family.

### CONGRATULATIONS

**Congratulations to Niamh & Dan O'Brien Knocktemple** on the birth of their baby daughter Sadhbh born on the 1st July. Aoibhín is delighted to be a big sister.

**Happy birthday to Ann Foy, Island**, she celebrates her BIG '60' this week. →



**Jean Tighe, Ryefield, is still missing since 13<sup>th</sup> July 2020, in Parede, Lisbon, Portugal. Update.**

3 years missing

Please keep Jean and her family in your prayers.

Also keep an eye on and follow **MISSING JEAN TIGHE's** fb page.

<https://www.facebook.com/profile.php?id=100087960987592>



The following is article from The Irish Examiner on 14<sup>th</sup> July, by Ann Murphy remembering Jean on the third anniversary of her disappearance:

[https://www.irishexaminer.com/maintopics/person-jean-tighe\\_topic-5220856.html](https://www.irishexaminer.com/maintopics/person-jean-tighe_topic-5220856.html)

‘The message to us is that Jean is not important’: Missing Irish woman's sister pleads for help  
Just days before the third anniversary of Jean Tighe's disappearance, Portuguese police finally added her details to their missing persons website.

WHEN the details of Irish woman Jean Tighe were added to the Portuguese police's database of missing people recently, it was a day of mixed feelings for her family.

The decision to upload her details to the database last Monday came just days ahead of the third anniversary of the Cavan woman's disappearance on July 13, 2020. For the past three years, the Tighe family have been pushing for action from the Portuguese police to pursue Jean's case, who was 38 years old when she was last seen in Parede near Lisbon.

She was on her second visit to the area that year and had booked a flight on July 12 to return home to Ireland.

However, she has not been seen since leaving the *Help Yourself hostel* in the tourist resort the following afternoon, July 13.

She was expected to return to the hostel that night but did not. She had been seen leaving the hostel by a hostel worker and that hostel worker has claimed that Jean left with a Brazilian man.

### 'Hoping and praying'

Jean is a keen traveller who lived abroad previously and is the middle of five children.

Her sister Leona has travelled to Portugal on a number of occasions since her disappearance, to meet Portuguese police in a bid to have her case treated as that of a missing person.

Leona stresses that she does not believe that her sister just decided to live a new life without contact with her family, as has been suggested on occasions. And while she is relieved that her case has finally been included in the database of missing persons in Portugal, Leona is realistic in her approach to the development.

She desperately wants a public appeal for information by the police, which has not yet happened.

She says: "We are just hoping and praying that something will happen that will spark a chain of events that will lead to Jean's recovery.

"At the end of the day, we don't have the in-depth analysis on Jean's social media accounts."



Leona says that the social media companies have told the family that information about her use of them can be made available on receipt of a request from an authority. However, no such request has been made by the Portuguese police as yet.

She adds: "We don't have the basics here — we don't have the bank account records or the social media account records, no public media appeal. How are you going to find somebody without that information?"

"There needs to be a public appeal made out in Portugal."

When Leona was informed on Monday July 3 that Jean's case was registered to the missing person's database, she says it was a tough thing to process. On the one hand, she questioned how it took three years to reach this stage while also feeling that it was a very sad day to see her sister's profile on the website.

She says: "We are all very deflated. The message to us is loud and clear that Jean is not important because otherwise, we would have this information about her and it is very, very sad."

She fears that a "tonne of information" which could have been gleaned in the early days after Jean's disappearance has been lost because of the delay in registering the case on the

missing person's website.

Among the other missing people listed on the site is British girl Madeleine McCann who disappeared in Praia da Luz in 2007.

Last Thursday, Masses were held in Jean's native Cavan and in St Anthony's Church in Estoril, close to where she was last seen. Leona says that prayers are regularly offered to Lisbon-born St Anthony, the patron saint for the recovery of lost items, in the hope that Jean can be traced.

The Mass in Estoril was organised by neighbours who were on holidays in the area, and they also handed out flyers locally to highlight Jean's story.

### **Lucie Blackman Trust**

The family has now enlisted the services of the Lucie Blackman Trust in the UK, which specialises in searching for missing persons. The organisation currently has an appeal on its site seeking help in relation to the disappearance of Jean, with an offer of a reward of €10,000 put forward by her family for anyone with "verifiable" information which would lead to the "recovery of Jean".



The family also made a report to Gardaí in Dublin regarding Jean's disappearance.

Leona says that a video conference was to be held by the end of June between An Garda Síochána and the Portuguese police as an information-sharing exercise in relation to the disappearance of Jean and believes it still has not occurred.

When asked specifically about this by the Irish Examiner, a Garda spokesman said the organisation does not "provide comment on details of ongoing investigations".

Gardaí confirmed earlier this year that Jean's disappearance was reported to An Garda Síochána at Mountjoy as well as to the Portuguese police.

The gardaí said they will continue to carry out local enquiries to assist the Portuguese authorities with the investigation. They said any information that has come to An Garda Síochána in relation to her disappearance "has been forwarded through the appropriate channels (Interpol) for the attention of the Portuguese Authorities".

Meanwhile, the family has also turned to politicians in Ireland for help, including MEP Frances Fitzgerald who raised the disappearance of Jean with her Portuguese counterparts before Christmas. Her family intends to continue putting on political pressure in a bid to locate her.

They have been in contact with the Department of Foreign Affairs in their quest to find Jean.

In a statement, the department told the Irish Examiner this week: "The Department of Foreign Affairs is aware of this case and is providing consular assistance to the family. As with all missing person cases, the responsibility for investigation lies with the relevant policing authority. The Embassy of Ireland in Lisbon will continue to provide support in engagement with the Portuguese authorities.

The Department does not comment on the details of individual consular cases.”

The Judicial Police in Portugal have been contacted for comment.

**You can listen to Interviews on Radio, re Missing Jean Tighe.**

**RTE 1: Drivetime** – Barry Lenihan. 17<sup>th</sup> Feb 2023.

<https://www.rte.ie/radio/radio1/clips/22214641/>

**Northern Sound:** Shane P O'Reilly, 12-07-2023

<https://www.northernsound.ie/podcasts/the-wider-view/listen-back-cavan-woman-placed-on-missing-persons-register-in-portugal-218604>

**RTE 1: Morning Ireland** on 13/7/23. At approx. 8.50.

**RTE 1: Drivetime** – Barry Lenihan: 13/7/2023 at approx. 5.30pm.

## MCDA (Munterconnaught Community Development Assoc).

### Our new website for the community is live

**Munterconnaught.ie.** MCDA's website was established to serve the community and its many groups. It is hoped that all groups established in the area will become involved, e.g. the Historical Society, Crossroads Committee, sporting and social clubs etc, Foroige, Swimming etc., with the aim to make this a one-stop shop for all things Munterconnaught. Any articles or photos of interest can be sent to [info@munterconnaught.ie](mailto:info@munterconnaught.ie)

### History of Munterconnaught Homes Project.

We hope you have all started gathering information about your home. It would be wonderful if you can gather any information about any derelict or vacant house, in your possession, or in your vicinity or - even if you live in another country - info on your ancestral home. We look forward to hearing from you. Noeleen 086-0828040 or [info@munterconnaught.ie](mailto:info@munterconnaught.ie)

### History of Munterconnaught Homes Project



The aim of the project is to gather and eventually publish information on the buildings of Munterconnaught.

We have created a form, as a starting point, for anyone who would like one. The Microsoft Word version is attached with the digital copy of this newsletter. You can complete it on your computer, or if you prefer, you can get a hard copy by contacting the above.

The form will also be available later this week on our Munterconnaught website [Munterconnaught.ie](http://Munterconnaught.ie) along with maps of each townland.

Maps: Maps will be available this week on [Munterconnaught.ie](http://Munterconnaught.ie). ALSO, I found a detailed map on the <https://www.cavancoco.ie/> Services / Map and Data portal. Some of you might find it useful when putting together info re a particular house.

## BALLYDURROW COMMUNITY CENTRE

- We are excited to announce our first event in our newly refurbished and beautiful community centre "A Night of Music / Song and Dance" in Ballydurrow on **Sat 19<sup>th</sup> Aug** at 8pm sharp, by local talent @cavancalling. Music, singing, dancing, comedy, with a cuppa and raffle at the interval. Tickets €10. AOP & Students €8. Fully wheelchair accessible. (Eircode: A82 A306).



- **Hall Rental:** Our newly renovated Hall will be available to rent in evenings and at weekends for voluntary and commercial use. If you are interested in starting a class/holding a meeting/music or dancing lessons/grinds etc. Very competitive Rates Available: contact [Mcda.bcc@gmail.com](mailto:Mcda.bcc@gmail.com) or Carina: 0861798419.

## HERITAGE CROSSROADS

**“Cavan Calling” Weekend, will take place on Sat 19<sup>th</sup> & Sun 20<sup>th</sup> Aug. Something for all. Sunday 20<sup>th</sup>:** As part of the Cavan Calling events, Munterconnaught Heritage Crossroads Committee will run a **Crossroads event**.

**2.30pm:** A walk, hosted by The newly formed Greenway Committee will take place in conjunction with this event. The walk will include part of the proposed Greenway. It is intended the walk will end at the crossroads for the start of the Funday (**at 4pm**). Check local Social media for updates.

**4pm. Funday** for children and families, at the Crossroads. Fun & outdoor games, Bring your own Picnic, and a picnic chair. We will have burgers and tea (for sale), along with free music and dancing. The evening will finish with a song & music session in the Ramor Inn.

**STRANGER DANGER ALERT:** A 3-door, blue BMW has been seen cruising around very suspiciously. Its number plates are changed regularly, and it has two suspicious looking men in it. Be extra vigilant, and report sightings to the Gardai.

**HOLIDAY ALERT:** when you go on holidays its fab to be able to share photos of you having a lovely time – BUT – you’re also advertising that your house is empty ... You never know who’s watching.

**Before you go on holidays- CHECK**

**Passport:** Check the expiry date, remind everyone else in your group to do the same.

**A Passport Card** For more info <https://www.dfa.ie/passportcard/>

**European Health Insurance cards** (EHIC cards) are free for all citizens. For application form and more info - <https://www2.hse.ie/services/schemes-allowances/ehic/apply/>

**IF YOU DON'T  
THINK IT'S SAFE,  
IT PROBABLY ISN'T**



**Entries before 16<sup>th</sup> August** (All entries can be completed online).

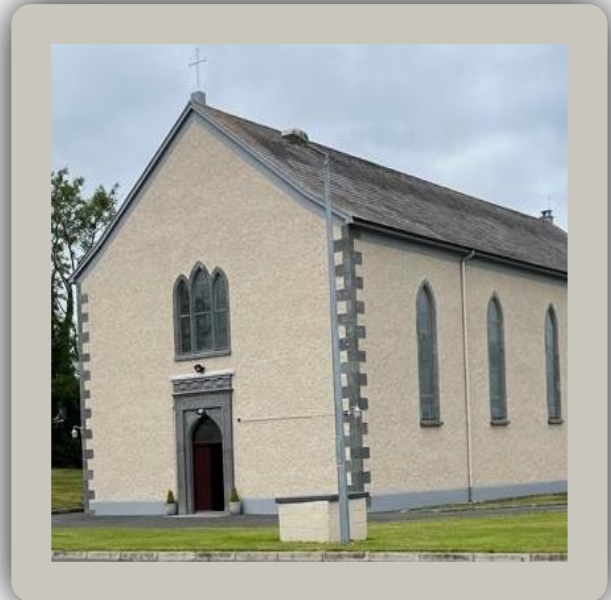
**Adults and Children can enter many sections**  
(separate children's section)

**Class sections include:** Dogs, horses, farm animals, fowl, baking, jams, art, flowers, veg, photos, home industries, writing, and so much more.

**Tickets can be booked online at [www](http://www.virginiashow.com)** (Discount for online booking)

**[www.virginiashow.com](http://www.virginiashow.com)**

# ST. BARTHOLOMEW'S CHURCH



Schedule of Weekly Masses	Contact details for Priests	
Tuesday: 9.30am	Fr Kevin Donohoe	049-8544410
Wednesday: 9.30am		086-852 4816
Friday: 8pm.	Fr Brian Flynn	049-8547435
Sunday Mass: 9.30am		086-0422996
Webcam: <a href="http://churchtv.ie/ballyjamesduff">churchtv.ie/ballyjamesduff</a>		Parish email: <a href="mailto:ballyjamesduff@kilmore.ie">ballyjamesduff@kilmore.ie</a>

**CHY REVENUE TAX FORMS.** Members of the parish Finance Council are actively following up the completion of Tax forms. Many thanks to all who have returned their tax forms over the last number of weeks. For some others you may have just forgotten or left it to one side with the intention of filling it out later. This is a vital source of income for the parish but can only be claimed if the form is returned. Your immediate attention to returning this form would be very much appreciated. If you have any queries in relation to completion of the form, please text 083-097 2655.

## Banking Details for our Parish

### A.I.B Bank Details for St. Bartholomew's Church

#### Weekly Offertory Collection

#### Current Account

Sort Code: 932051

BIC: AIBKIE2D

Account Number: 42217044

IBAN: IE94AIBK93205142217044

#### Priest's Revenue Account (Monthly Dues)

#### Current Account

Sort Code: 932051

BIC: AIBKIE2D

Account Number: 42444028

IBAN: IE83AIBK93205142444028

*Many thanks for your contributions to the upkeep of the parish and the salaries of the priests.*

**Volunteers are always welcome. o join, contact:**

Altar Society - Dympna 086 361 3902.

Readers - Ann 086 356 5640.

Choir - Caroline 086 244 0385

**Pre Marriage Course** - takes place in the Kilmore Diocesan Pastoral Centre, The Conaty Centre, Cullies, Cavan H12 E5C7 on 13 & 14 Oct. Fri evening sessions 7.30pm to 10pm Sat sessions 10am to 5pm. Couples are obliged to attend both sessions. Book on line at [www.accord.ie](http://www.accord.ie) or ☎ Eileen Connolly in the Cavan Accord office on 049 4375004, ext 101

**The parish Newsletter is distributed each weekend by email.** Anyone who would like to receive a copy, contact [skellynoeleen@gmail.com](mailto:skellynoeleen@gmail.com) or 086-0828040

**Reek Sunday 2023** – National Pilgrimage to Croagh Patrick takes place on Sunday July 30th. Masses hourly on the summit from 8am to 2pm. Confessions 7.30am to 2pm. Check [westportparish.ie](http://westportparish.ie) for more information.

**Diocesan Pilgrimage to Knock** will take place on Wednesday, the 9th of August 2023, the Feast of St Felim, the Patron Saint of the Kilmore Diocese. Ceremonies will begin at 2pm with the outdoor Stations of the Cross and Rosary Procession. The Celebration of Mass and the Anointing of the Sick will take place at 3pm. Bishop Martin Hayes will be the Main Celebrant. A special invitation is extended to all families from across the diocese.

**Pilgrimage to the Holy Land:** Fr. Gerry McCormack, P.P, Kingscourt will lead his 21st consecutive pilgrimage to the Holy Land from **Nov 24th – Dec 2nd.**

Cost €2,095 inclusive of flights, baggage, all transfers, full use of air-conditioned coach, all entrance fees, excellent catholic guide and a full religious programme.

Book with Navan Travel at 046-9068600 and all enquiries to Kingscourt Parish office at 042-966731

## **Would you like to become a FIRST RESPONDER.**

Contact Lakeside Community First Responders. 086-062 0831

No closing date, as training is ongoing.

See the poster on page 20 of the digital version of this newsletter.

### **Other News**

**Foróige:** Foróige Parents meeting this Thur 20<sup>th</sup> July, 6.30pm in the club rooms. This is an info night for all parents who have young people interested in joining Foróige. Approx 1 hour.

**Synchronised (Artistic) swimming group are going to the World Down Syndrome Games in Italy in Sept.** We hope to arrange a raffle to raise funds for this event. Sponsorship and raffle tickets will be available in Ryefield Stores & The Ramor Inn shortly. Prizes will be advertised through social media soon, and we would appreciate any support.

**Virginia and District Historical Society's programme of events for Cavan Calling Festival:**

Wed 26th July at 8.30 pm, Church of Ireland, Virginia: Talk on the : "Origins and Development of Virginia" by Sheila Courtney

Thurs, 27th July at 8.30 pm, Riverfront Hotel, Virginia: Commentary on a film : "Father Ultan's Ireland, 1949 – 55" by Oliver Rogers, featuring life at Killinkere N S, at Virginia show and much more.

Fri 28th July at 3.00 pm, Deerpark Forest (meet at L. Ramor's shore): Guided walk on biodiversity, natural and built heritage by Dan Courtney.

Sun 30th July, Ramor Theatre at 12.00 noon: Old Stories from around the Town retold by Virginians' Drama Group, followed by a guided walk along Main St. and a talk on the history of the Church of Ireland by Sheila Courtney

*Tea / coffee will be served after each event. See our facebook page*



**Fairy Festival. Loughcrew Gardens. 22 & 23 July, 12 noon – 6pm.** Inspired by fairies, enchantment, art, and ancient legends. Line Up of Events: Story telling, Circus performers, Music / Wreath making, Mandelas / Face painting, Armagh Rymers / Meet a real life unicorn / Food and craft stalls / Plus many, many more!

<https://www.discoverboynevalley.ie/whats-on/loughcrew-estate-fairy-festival-2023>.

**School Bus:** Don't forget to apply for your child's place on the school bus. Info on Transport for Ireland website.

**Vacant property grant 30k / Derelict property 50k:** Check out

<https://www.cavancoco.ie/services/housing/croi-conaithe/>

**FREE event for Bulky Waste at Recycling Centres in Meath.** Materials Accepted are couches, beds (no mattresses), wardrobes, tables, chairs, household and garden furniture, flooring, sanitary ware, nursery equipment & toys.

**Kells Recycling Centre  
(C15 FN73)**

Monday 14th August until  
Saturday 19th August

**Please note mattresses, pillows, duvets and paint are NOT part of this event.**

Domestic customers only. No commercial customers. Gate fee of €2 applies. All queries should be emailed to [environment@meathcoco.ie](mailto:environment@meathcoco.ie) See **Meath County Council** fb page

**Cavan County Council --- Cavan Calling: Wed 26 July - Sun 30 July.**

There will be major disruption to parking at the Connolly Street Carpark (Egg Market), Cavan Town for the duration of the Cavan Calling festival For details click check out the following link:

[https://www.cavancoco.ie/news/2023/disruption-to-parking-connolly-street-carpark-egg-market-cavan.html?fbclid=IwAR2EyceA\\_eJqNuWN-dyRyaJ08SVvI9EKuAiM17UiEukora\\_-6rPF0iSWUc0](https://www.cavancoco.ie/news/2023/disruption-to-parking-connolly-street-carpark-egg-market-cavan.html?fbclid=IwAR2EyceA_eJqNuWN-dyRyaJ08SVvI9EKuAiM17UiEukora_-6rPF0iSWUc0)

## **Knocktemple NS Enrolment for School Year 2023 - 2024**

All info regarding **enrolment** and other school details are available on our school website, [www.knocktemplens.ie](http://www.knocktemplens.ie) and on our school Twitter page @knocktemple. Please phone the school on 049 8547081 or e-mail [office@knocktemplens.ie](mailto:office@knocktemplens.ie) for an application form or if you have any questions. Please feel free to share this form with anybody who is considering enrolling their child in our school.

**ECCE & Afterschool:** Mini Me's. Located beside Castlerahan School. We are now taking bookings for ECCE and Afterschool for Sept 2023/2024. Limited places. Contact Anita Clarke. 083-206 7482 [minimesplayschool1@gmail.com](mailto:minimesplayschool1@gmail.com)

## **Gardeners' Corner**

We have two local WhatsApp gardening groups.

The **Munterconnaught & local garden**

group swaps and shares seeds / plants etc. and sometimes even offers or seeks advice. ☎ Noleen 086-0828040.

The **Virginia Show garden group** does the same as above, but also arranges gardening and similar classes in the Virginia Show Centre. ☎ Monica 086 126 1393.



Eureka House is setting up a Farmers Market including fresh produce, organic goods, and bakery items at Eureka House and Gardens. If any vendors are interested, please get in touch with [eurekahousekells@gmail.com](mailto:eurekahousekells@gmail.com)

**If you feel overwhelmed, Samaritans ☎ 116 123**

Some tips for coping better

<https://www.facebook.com/moodwatchers/>

Phone a friend. Just say **“I need help”**.

**Or, you might be interested in :**

<https://thedepressionproject.com/blogs/news/positive-uplifting-encouraging-quotes-for-depression>



**Family Addiction Support Network (FASN) Helpline: 087-9046 405.**

Office: 042-9355 251 [www.fasn.ie](http://www.fasn.ie)

**If you are a Family Carer: <https://familycarers.ie> may be able to offer support & direction.**

**If you need help with finances, contact MABS 0818 07 2000**

The MABS Helpline **0818 07 2000**, is available Monday to Friday from 9am to 8pm. Helpline Advisers can give you advice and support on many money management and debt issues, and can also provide you with MABS self-help materials free of charge.



**Karen O'Reilly - The Intuitive Coach | 087-256 4696**

If you are looking for some time out for yourself, some time to yourself to reflect, unwind and go within, you might like to consider the work that Karen O'Reilly is currently offering in our community.

Karen helps and facilitates people in creating a deeper connection with themselves at a heart level, through a very unique process of guided visualisation. This unique process of connection has resulted in some powerful results for those that have embarked on this journey with Karen, both emotional and physical healing benefits. Some of these benefits include people experiencing a noticeable reduction in daily stress and anxiety levels, better quality of sleep, clarity of thinking, head not feeling as full and other benefits include feeling, calmer, lighter and happier within.

If you are interested in experiencing Karen's work, you can avail of free live guided meditations on Karen's private Facebook Group called The Intuitive Space. These free live meditations give you the opportunity to learn how to connect with yourself, which will help you in creating better connections with other people.

Karen is currently running in person programs, an Intro Program on a Tuesday evening at 8pm, Level One program on a Thursday evening and online programs through Zoom on a Wednesday evening and Thursday morning, with fantastic results and feedback received to date.

New programs will commence early August for both in person and online, if you are interested in booking your place, reach out to Karen at 0872564696, spaces available for in person programs are limited due to room size. Karen is also available for one to one appointments.

## **Irish Home Nations (Ireland, England, Scotland & Wales) Shore Angling under 16 team 2023 brought home the Silver Medal.**

Nathan de Kleer, Boat Road, Knocktemple, was on the team

Competition was hosted in Pwllheli Wales in extremely tough weather & fishing conditions but the junior team prevailed and took home silver!

Now we are looking ahead to the Worlds competition which will be held in Holland in October where both Nathan and Kaitlyn de Kleer have qualified to represent Ireland on the under 16 junior team.

*Article by: Deirdre de Kleer.*



## **Accora Orchestra – World Champions**

Matthew Taylor, Knocktemple, is just back from a week in Germany where he played four concerts with Accora Orchestra. It was an incredible experience for 24 members of the junior and senior band.



Accora Orchestra (Current World champions) are based in Mullagh and offer classes for all, Junior Infants up to Adults. Recorder / Accordion / Percussion / Theory and Singing (Beginners to Advanced). [www.accoraorchestra.com](http://www.accoraorchestra.com)

[www.facebook.com/AccoraOrchestra](https://www.facebook.com/AccoraOrchestra) .

If you are interested, Phone Yvonne 087-9949006 or Sara 087-7842430  
For more information, see poster on page 19 of the Digital Version of this newsletter.

*Information from Ann Taylor.*



**Club Officers for 2023**

**Chairperson:** John Lynch

**Secretary:** David Cremin

**PRO:** Aisling Burns

**Designated Liaison Person:** Sean Enright

**Underage Chairperson:** Aidan Barr

**Vice Chair:** Val Yore

**Treasurer:** Maria Carr

**Children's Officer:** Lynn Grimes

**Cultural Officer:** Caroline Gilsenan

**Underage Secretary:** Joanne McGovern

**LOTTO RESULTS JP Jackpot. QP Quickpick.**

**29th May: JP:** €10,400 **Nos:** 06, 10, 13 & 27. **QP:** Liz Fitzsimons, Fennor Oldcastle; John Joe Mc Enroe, Newcastle;•Olivia Hughes, Dungimmin, BJD; Johnny & Rose Matthews, Carrick.

**5th June: JP:** €10,500 **Nos:** 02, 03, 17 & 32. **QP:** Jason Gilsenan, Ryefield; Cathy Brady, Ryefield; Catherine Smith, Ryefield; John & Ann McGovern, Ryefield.

**12th June: JP:** €10,600 **Nos:** 12, 14, 21 & 32 **QP:** Thomas Caffrey, Knocknagarton; Ray Cassels, Mountain Dew Oldcastle; Aidan O'Dwyer, Behernagh; John & Ann McGovern, Ryefield.

**19th June: JP:** €10,700. **Nos:** 06, 16, 17 & 30. **QP:** Jack O'Reilly, Behernagh; Larry Fitzsimons, Fennor; Aidan O'Dwyer, Behernagh; Bertie Brady, Ryefield.

**26th June: JP:** €10,800 **Nos:** 11, 12, 18 & 25. **QP:** Paddy Matthews, Croghan; Gerry O'Connell, Crosswater; Dermot Grimes, Knocktemple; Pat Hetheron, Boat Road.

**3rd July: JP:** €10,900 **Nos:** 07, 09, 18 & 19. **QP:** Annette Lindsay, Dublin; Yvonne Reilly, Aisling Matthews, Knocktemple; Grainne Weldon, Nobber.

**10th July: JP:** €11,000 **Nos:** 06, 16, 17 & 31 **QP:** Damien Gilsenan, Knocknagarton; Paddy Tuite, Knockaraheen; Carr family, Knocknaveigh; Helen Curran, C/o Ann Tuite;

**17th July: JP:** €11,100. **Nos:** 16, 17, 24, 30 **QP:** Bridget Tighe, Carrick; John Matthews, Croghan; Niamh Brady, Knocknagarten; Pauline Keenan, Drumheel.

**Next Jackpot-Monday, 25<sup>th</sup> July. €11,200. In the Ramor Inn.**

*Congratulations to all winners. Thank you for playing our lotto and supporting our club. Play online on Clubforce, or envelopes available locally. If you're not in you can't win.*

**Fixtures:** See club social media pages for up to date fixture information. A full fixture list for the week ahead is posted each Monday on our "MuintirConnacht GAA" Facebook page.

<https://www.facebook.com/profile.php?id=100057683288790>

**Kellogg's Competition:** Pick up a promotional pack of Kellogg's Corn Flakes or Rice Krispies in store and enter the competition to either win €25,000, €10,000 and €5,000 for your club!

Find out more [kelloggsculcamps.gaa.ie/competition](http://kelloggsculcamps.gaa.ie/competition) Competition closes on **31<sup>st</sup> July.**

**Walking Track Lights:** The only means to be used to light the walking track is by using the external switch on the outside wall, left of the main door of the clubrooms. This is on a timer and will automatically extinguish the track lights after a set time period. No other means should be used to light the track. **Please switch off lights when finished.**

**Drug & Alcohol awareness Workshop:** If you need help to cope - if you find yourself in trouble with drugs or alcohol, John Lynch and Sean Enright are the non-judgemental people to talk to in the club, and will direct you to the appropriate services which will give you the best advice and guidance. The trouble could be the addiction itself / debt / or many other issues that arise as a result of the above.

**Good luck to Declan O Reilly and his Team** who are leading the All Ireland Fantasy Gaelic Football competition. They are going for their 4th All Ireland win.

**Cul Camps in M'connaught** - 17th to- 21st July. SOLD OUT. Great success (except for the weather)

## Congratulations to our U13 Blackwater Gaels Team on winning the Div 4 League Cup

Full time score: Blackwater Gaels 5-13 Drumlane 1-7

Well done to both players and management on a superb performance



**Back:** Tadhg Morrissey, James Henry, Daniel Hoffman, Tom Brady, Ethan Livingstone, Conor Smith, Jason Hetheron, Alex Yore, Noah Carr, Jack Walshe, Tommy Lynch, Oisín Glennon, James Brady, Declan Brady.

**Front:** Peter Geraghty, Ben Drury, Oran Brady, Adam Brady, Jamie Henry, Charlie McGovern, Aaron Donoghue, Ciaran Hetheron, Daniel Tully, Conor Murray.

## Congratulations to the U-17 team & Management who reached The League Cup

**Final.** After a tough and entertaining game, the final score was B'water Gaels : 1-8(11) Knockbride : 1-11(14)



**Back:** Conor Barr, Killian Hofmann, Cathal Nevin, Darragh Hennessy, Ivan Devin, Ryan Nwaneri, Coleman McColgan, Lorcan Caffrey, Kyle Cullen, Oisín Cullen, Charlie Brunton, Ewan McColgan, Barry Fagan, Jack Tobin.

**Back:** Corey Reilly, Daniel Hetheron, Jamie Farrelly, Ryan Gilsean, Jake Drury, James Tynan, Luke Yore.

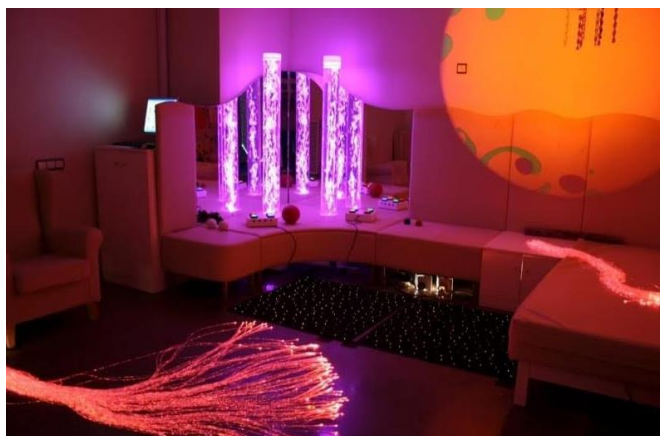
**Missing from photo:** Corey Clinton, Ped Erickson, Nathen DeKleer, Harry & Mathew Duffy.

**Management team:** Paddy Tuite, Paddy Tobin, Tommy Smith, Philip Yore and Ciaran O'Brien.

A massive thank you to everyone who turned out to help on our recent big clean-up of the club rooms both inside and outside the building. With such a large footfall using the facilities on daily basis it wasn't an easy task. We remind people who are using our facilities to respect them and please tidy up after yourself and put all rubbish in the bin.

## Cavan GAA Leading the Way.....Sensory Room

On Tuesday 4th July last Cavan GAA officially opens its fantastic newly built **Sensory Room** in Kingspan Breffni. The room has been designed to enable children with additional/sensory needs watch matches with family from a comfortable and quiet space, suitably equipped for the purpose. This is a fantastic addition to our county grounds.



## Conaty's point

On our doorstep, we have a fantastic resource – Conaty's point. The new owners welcome locals for picnics / swimming / chilling out etc. (no charge). You can hire out kayaks for €10 per hour per person (all safety equipment is provided). There is a charge for Camping etc. They also have a sauna. Check out **Lough Ramor Camping Virginia**.



Swimming Classes take place from 24<sup>th</sup> July until 4<sup>th</sup> Aug inclusive (2 swims per day). The classes are full.

## LOCAL NOTICES & THINGS TO DO

**FAMILY SUPPORT CLINICS**, held in Virginia Show Grounds every Tuesday morning, will continue in 2023, from 10am to 12 Noon. Phone Sandra at 086-836 6153.

**CRAFTS AND CHAT** - every Wednesday, Knocknaveigh (A82 V0P1). 7.30pm. €5. Crafts, chat, tea and buns. 📞 Sandra for info. 086-8205177.

**EMERGENCY BUTTON:** For info - contact Martin at 086-0434445

**MEN'S SHED:** New Members welcome to **VIRGINIA MEN'S SHED** (From 40 to 90 years old – call 087 765 3725 or just call in Wednesday 8 to 10 pm and 11 to 1 on Friday

**BOAT TOURS ON LOUGH RAMOR.** On a fully accessible Boat. **Pre-booking is essential** - Phone John Wilson 087 124 1674

**RAMOR THEATRE:** See what's on <https://www.facebook.com/RamorTheatreVirginia>

**CAVAN COUNTY MUSEUM:** 049-8544070. Virginia Road, BJD. A82 YP70. Adults €6. Seniors: €4. Family ticket €14. Open: Tue, Wed, Thurs, Fri & Sat 10am-5pm.

**CAVAN CO COUNCIL WEBSITE:** There are loads of interesting things to check out. Re grants (private houses, community etc.), as well as Leisure, Amenities, Transport and much more.

**VIRGINIA SHOW CENTRE:** Check out their fb page, loads to do for young and old.

## KEEPING FIT

**VIRGINIA RAMBLERS:** Wednesday afternoon walks start at 2pm at the Virginia Show building.

(see Virginia Ramblers fb page for further details). No dogs.



Virginia Ramblers Walking Club est 2016

**PARK RUN IN VIRGINIA**, EVERY SATURDAY MORNING AT 9.30 AT DEERPARK, VIRGINIA.

Register once at [www.parkrun.com](http://www.parkrun.com) check out <http://www.cavansportspartnership.ie/> for more details.

**ACTIVE VIRGINIANS:** New members welcome. Ladies and men aged 50+. Classes every week, Bowls, Pickleball, Art, Computers and more. For info: 087 235 0515 or Email: [m spatprice@gmail.com](mailto:m spatprice@gmail.com)

**CAVAN SPORTS PARTNERSHIP:** So much info – too much to include here. Check it out.

**CAVAN PPN:** <https://www.cavanppn.ie/>

**Local Whatsapp groups:** ● Munterconnaught group. 086-397 1634

● Local Gardening group 086-0828040.

**Local useful Facebook pages:** [MuintirConnacht GAA](#) [Munterconnaught](#)

[Community](#) [Cavan Old Irish Photos](#) [Cavan Heritage](#) [Munterconnaught](#)

[Heritage Society](#) [Munterconnaught CommunityAlert](#) [Munterconnaught](#)

[Crossroads Development](#) [Shane Martin Moodwatchers \(Uplifting guidance &](#)

[suggestions\)](#) [Virginia Ramblers Walking Club est 2016](#) These can all be

[searched for and joined through fb](#)

Community Website: [Munterconnaught.ie](https://www.munterconnaught.ie). Any articles or photos of interest can be sent to [info@munterconnaught.ie](mailto:info@munterconnaught.ie)



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Beside Castlerahan school Contact Anita 083-206 7482  
[minimesplayschool1@gmail.com](mailto:minimesplayschool1@gmail.com)

*Mini Me's ECCE and Afterschool*

located beside Castlerahan School  
We are now taking bookings for  
ECCE and Afterschool for September (03/24)  
Limited Places available.

Contact: Anita Clarke  
Mobile: 083 - 206 7482  
Email: [minimesplayschool1@gmail.com](mailto:minimesplayschool1@gmail.com)

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**FORGE FRAMING, LURGANBOY.**

**(RICHARD GALLAGHER) 087 7122 258.**

Forge Framing service was set up by me, Richard Gallagher from my cottage in Lurganboy. Most things can be framed e.g. jigsaws, jerseys, and various other items.

Prices are usually €40-60 depending on the frame and size. If you'd like to know more please have a look at my Facebook page or contact me directly.

<https://www.facebook.com/forgepictureframing>

[Forgeframing@gmail.com](mailto:Forgeframing@gmail.com)





## USEFUL EMERGENCY NUMBERS (ALWAYS have your Eircode nearby)

**Medical Emergency -** In the event of a medical emergency **dial 999**.

There is a **defibrillator at the football club**, located outside the main entrance. This is the only defibrillator in the local community that is immediately available to the public.

The football club is happy to make the defibrillator available to the wider community in the event of an emergency. However it is not in a position to provide a “first responder service” outside of club grounds.

<b>LOCAL GARDA: VIRGINIA 049-8547002 BAILIEBORO 042-969 4577</b>
<b>EMERGENCY SERVICES 112 OR 999</b>
<b>LOCAL DOCTORS: Virginia:</b> Dr Igoe 049-8546222 <b>Oldcastle:</b> Dr McKevitt, 049-8541118. Dr Ann Marie Gilsean, 049-8541159
<b>DOC ON CALL 1850 777 911 CAVAN GENERAL HOSP: 049-4376000</b>
<b>ACCORD:</b> 049 4331496. 049-4375004, <a href="mailto:cavanaccord@eircom.net">cavanaccord@eircom.net</a> .
<b>AFFORDABLE LIVE-IN HOMECARE</b> provides live-in carers for the elderly in your area. If you are looking for a live-in carer for your relative, please call Eileen or Tom on 087 991 6791 or 087 744 0729. Go to <a href="http://www.alhomecare.ie">www.alhomecare.ie</a> for the Family Information Booklet.
<b>CHILDREN &amp; YOUNG PEOPLE'S SERVICES COMMITTEE (CYPSC).</b> The Cavan Monaghan Services website provides official listings of services for children, young people and families in Cavan and Monaghan. This includes info on <u>health</u> , <u>mental health</u> , <u>education</u> , <u>disability</u> , <u>youth</u> , <u>childcare</u> and <u>other services</u> . <a href="https://www.cavanmonaghanservices.ie/">https://www.cavanmonaghanservices.ie/</a>
<b>CUAN CANCER SUPPORT CENTRE</b> (086-4556632) is a social support & wellness group for anyone who has had a cancer diagnosis & their family members. It offers free & confidential <u>counselling service</u> ; <u>Complimentary therapies</u> ; <u>wellbeing enhancement</u> ; <u>nutritional advice</u> ; <u>MLD massage</u> ; <u>financial care coaching</u> , programmes & workshops - to service users & their families by appointment. <b>fb:</b> Cuan Cavan Cancer Support Centre. <a href="mailto:cuan@cavan.ie">cuan@cavan.ie</a> . <a href="http://www.cuancancercavan.ie">www.cuancancercavan.ie</a> Address: Knappogue House, Tullacmongon, Cavan H12 WV62 <b>Opening Hours:</b> Mon & Wed 9am-1pm & 2pm-4.45. Fri 9am-1pm & 2pm-4.30pm
<b>GROW</b> – Help and support in the area of mental health. Anonymous & Confidential. 086-0201718.
<b>Kilmore Diocesan Child Safeguarding Liaison Person</b> - Susie Duffy 049-4375004 Ext 105.Fr. Sean Mawn 071-9644039
<b>MARY'S MEALS:</b> €18.30 will feed a child for an entire school year. We are asking for help to fundraise. “Move for Meals” is encouraging supporters to set themselves a challenge and get active. For more info contact Trish on 086-3140814 or <a href="http://www.marysmeals.ie">www.marysmeals.ie</a>
<b>NATIONAL BEREAVEMENT SUPPORT LINE.</b> 1800 80 70 77. Mon-Fri, 10am-1pm.
<b>RAINBOWS:</b> a support programme to help children & adolescents cope with grief or loss due to separation, bereavement or divorce. 01-4734175. <a href="http://www.rainbowsireland.ie">www.rainbowsireland.ie</a>
<b>SOSAD:</b> Save our Sons & Daughters. SOSAD Irl works in the N/E to help anyone affected by or concerned about suicide. <a href="http://www.sosadireland.ie">www.sosadireland.ie</a> 1800-901-909
<b>SAMARITANS:</b> Call 116 123 anytime. <b>Don't give up.</b> You have too much to lose. <a href="https://www.samaritans.org/ireland/how-we-can-help/contact-samaritan/">https://www.samaritans.org/ireland/how-we-can-help/contact-samaritan/</a>
<b>ST VINCENT DE PAUL</b> 086-8312765 Free phone 1800 677 7777
<b>Woman's Aid National Free Phone Helpline</b> – 1800 341 900
<b>WIDOW.IE</b> Support group for those who have lost a partner. <a href="https://www.widow.ie/links-page/">https://www.widow.ie/links-page/</a> There are various useful links, on the links tab.
<b>TEARMANN:</b> Domestic Violence Service. 047 72311 Mon–Fri. 9am–4pm. <a href="https://tearmann.net/">https://tearmann.net/</a>
<b>TUSLA- Cavan</b> – 049-4377305
<b>WOMAN'S AID</b> National Freephone Helpline 1800 341 900

## **Valuable Sources of Research available**

*By Declan Cooney.*

The following sources may be of use to anyone who would like to carry out research into some aspects of family or local history. Also, the Johnston Central Library in Cavan has an excellent section on local studies.

- Munterconnaught A History 1847 – 1997 (Knocktemple History Committee, 1997)
- Noisy Mansions (Knocktemple History Committee, 2006)
- Griffith's Valuation was a boundary and land valuation survey of Ireland, completed in 1868. See [www.askaboutireland.ie](http://www.askaboutireland.ie)
- Tithe Applotment Books: These were compiled between 1823 and 1837 to determine the amount which occupiers of agricultural land over one acre should pay in tithes. See [www.titheapplotmentbooks.nationalarchive.ie](http://www.titheapplotmentbooks.nationalarchive.ie)
- Census Records: The complete census information from 1901 and 1911 is available online as well as some fragments from earlier census records. See [www.census.nationalarchive.ie](http://www.census.nationalarchive.ie)
- Schools' Folklore Collection. This is a collection of folklore compiled by schoolchildren in Ireland in the 1930s. See [www.duchas.ie](http://www.duchas.ie)
- Michael McShane and Catherine Kerr, [www.cavantownlands.com](http://www.cavantownlands.com)
- Archaeological Inventory of County Cavan (Patrick F. O'Donovan, 1995)
- The Parishes of Munterconnacht and Castlerahan (Dr. Philip O'Connell, Journal of the Breifny Antiquarian Society, 1925, pp 263-310)
- John Smith, The Oldcastle Centenary Book, (Oldcastle Centenary Committee, 2004)
- Patrick Cassidy (ed.), Virginia a portrait: Celebrating 400 years 1612-2012, (Virginia 400 Committee, 2012)
- MUNTERCONNAUGHT UNCOVERED Heritage of a Rural Cavan Community. (Munterconnaught Heritage Society, 2008).



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Community First Responders (CFR) are volunteers who are trained to attend certain types of emergency calls in the area where they **live or work.**



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