



Munterconnaught

Our Community Newsletter

ourMCnews@gmail.com 086-0828040

23 October 2023

Collated and published by Noeleen Skelly

OUR COMMUNITY NEWSLETTER

FREE to all readers (in paper or digital form).

PAPER – collect it in the shop. If you have a neighbour or friend who can't manage to read the newsletter online, consider printing one off for them.

EMAIL Contact the above by email to get your edition.

YOUR INPUT is welcome. All are welcome to contribute news.

Advertisements are welcome (and needed for the ongoing publication of this free newsletter).

DEATHS

Ken Grant, UK and formerly Ryefield (25/08/2023). Our condolences to his surviving siblings Patricia McParland, Newry; Kathleen Grant, UK; Daniel Grant, Cavan; Xavier Grant, Canada; Helen Carr, UK; Susan Grant, Cavan; Gerry Grant, Canada; Martin Grant Ryefield.

Timothy O'Shea, Waterville, Co Kerry. (21 Aug 2023) Our sympathy to Brendan O'Shea (& Michelle, Knocktemple) and his mother & siblings and their families.

Mary Sheridan, The Drumlins. (23 August 2023) Our sympathy to her son Eugene (& Bernie, Beherna), and Teresa O'Dwyer (& Eugene) and to John (& Mary Theresa), and their siblings and their families.

Kathleen (Kitty) Smyth, Mullagh. (22nd Sept 2023). Our sympathy to her daughter Rosemary Brodie (& Owen, Ryefield) & her brothers Seamus, Gérard & Norbert & their families.

Pat Hetheron (The Hill), Knocktemple (18th Oct 2023). Our sympathy to his wife Joan, and to Geraldine, Ann, Paraic, Ruth, Paul and their families. Our sympathy also to his sisters Olive Smith (Rahard) and Sr. Olive (Patsy). We also remember Pat's sister, **Sr Teresita Hetheron OP**, who died three weeks ago on 7th October.

Jean Tighe, Ryefield, is still missing, she was last seen on 13th July 2020, in Parede, Lisbon, Portugal. Please keep an eye on and follow

MISSING JEAN TIGHE's fb page.

<https://www.facebook.com/profile.php?id=100087960987592>



People don't disappear. Jean is somewhere. Why are her family not getting help or answers. An Garda Síochána and the Judicial Police in Lisbon have **NOT** provided Jean's family with any real meaningful update on the investigation into Jean's disappearance. The following issues remain outstanding:

Digital footprint: Jean's social media a/c's: Fb, Instagram etc. Have these accounts been analysed? Who was using Jean's Fb a/c in Jan 2023 and from where? What's the IP address?

Bank s'ments: Where did Jean use her debit card? How did Jean pay for her accommodation? **Phone:** Where was the last known location of Jean's phone?

Witnesses: Who saw Jean coming and going from the hostel on Monday July 13th?

✝ Please pray for Jean's return ✝

CONGRATULATIONS

Happy Anniversary to **Fr Brian Flynn, Knocktemple**, who is delighted to have quietly celebrated the Golden Jubilee of his Ordination to the Priesthood. Congratulations and many blessings for the future.

SAFETY

FIRE SAFETY: Following two local house fires since our last edition, I would like to stress the importance fire safety in your home. Our sympathy to the Lynch family in Ballyjamesduff, who lost their mother and uncle.

Tips for Fire Safety: *Get your chimneys cleaned *Candles should not be left unattended
*Phones, Laptops & chargers should not be left plugged in for long periods. *As Christmas approaches, please ensure that you don't leave Christmas lights unattended.
* Don't leave working washing machines and dishwashers unattended. *Find out where your nearest fire hydrant is in case of emergency (Yellow with H written on it).



House Insurance: Please be aware of the importance of reviewing / increasing sums insured on home insurance policies. With a huge increase in building costs over past year and more, going forward it is very likely many are under insured. Trying to save money on home insurance could prove costly in the long run.

ROAD SAFETY: As the evenings get darker earlier, it is very important to be visible and wear a High Viz jacket. **You** need to take care of **yourself** on the road – don't expect that a driver will see you – an oncoming car's headlights may blind a driver with disastrous consequences. Don't leave your safety in somebody else's hands.

MCDA (Munterconnaught Community Development Assoc).

Our new website for the community is live

Munterconnaught.ie. MCDA's website was established to serve the community and its many groups. We expect that all groups established in the area will become involved, e.g. the Historical Society, Crossroads Committee, sporting and social clubs etc, Foroige, Swimming etc., with the aim to make this a one-stop shop for all things Munterconnaught. Any articles or photos of interest can be sent to info@munterconnaught.ie

History of Munterconnaught Homes Project.

We hope you have all started gathering information about your home. It would be wonderful if you can gather any information about any derelict or vacant house, in your possession, or in your vicinity or - even if you live in another country - info on your ancestral home, and the people who lived there. We look forward to hearing from you. Noeleen 086-0828040 or info@munterconnaught.ie

History of Munterconnaught Homes Project



The aim of the project is to gather and eventually publish information on the buildings of Munterconnaught.

We have created a form, as a starting point, for anyone who would like one (it is not essential).

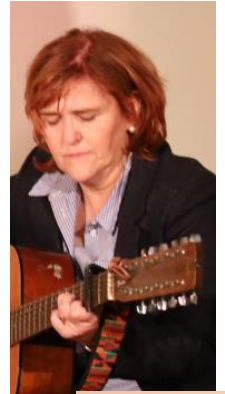
If you prefer to just write what you can about your home that is fine. As well as details about the house, we would especially welcome details of all those who lived in the house (in your time as well as those who lived there before your time).

Good luck everyone. We are looking forward to moving this project forward.

The Heritage Committee will hold their AGM on Wednesday 6th Dec at 8.30pm in the clubrooms. Everybody welcome and encouraged to attend.

BALLYDURROW COMMUNITY CENTRE

"A Night of Music / Song and Dance" in Ballydurrow on **Sat 19th Aug** was a great success. Well done to all the organisers and participants. We are all looking forward to the next event.



Hall Rental: Our newly renovated Hall will be available to rent in evenings & weekends for voluntary/commercial use. If you are interested in starting a class/holding a meeting/music or dancing lessons/grinds etc. Very competitive Rates Available: contact Mcda.bcc@gmail.com or Carina: 0861798419.

Ballydurrow community Centre.

Mon – Fridays: Superkids Preschool. Limited places available for 2023 / 2024. Contact Helen at 085-2547548 or superkids.manager@munterconnaught.ie

Wednesdays: 7.30 – 8.30. Yoga with Vickie. 087-9039236. 4 weeks = €40. Poster on page 17.

Thursdays: Cards. 3x25. 8-11pm. €10 (includes €5-prize money, €2-use of hall & cuppa, and €3-big game at Christmas. Some games of 1x25 played for €2.

Dates for your diary.

Thu 26th & Fri 27th Oct: 9am-4pm. Kells, Navan and Trim. Meath Co Co **amnesty for recycling.** NO CHARGE for Beds, Headboards, Couches, Armchairs, outdoor and indoor tables and chairs, for all Meath based households.

Friday 27th Oct. 7.30 to 8.30pm in the Clubrooms: **FORÓIGE** are holding an open registration night for Foróige teenagers. Hope to see everyone there.

Sun 29th Oct: 12 – 4pm. **Pumpkin Carving** in Virginia Show Centre. Open to all. Bring in your carved pumpkin for chance to win a prize. **Kids Activities Corner**, song and dance, Craft and Food Fair. All welcome. Free event See [Virginia Show Centre](#) fb page for more details.

Sat 18th Nov: Cavan Beekeepers Assoc **Honey Show and Craft Fair.** Ballyhaise. H12 E392.

Wed 6th Dec: Heritage AGM at 8.30 in the Clubrooms.

Sun 10th Dec: Crossroads event at the crossroads. Christmas Lights and Man in Red.

Ramor Theatre and Virginia Library.

The Ramor Theatre is already up and running. Find out the latest on their fb page or ring them. 049 8547074 <https://www.facebook.com/RamorTheatreVirginia>

The new Virginia library opened on Tuesday 17 October. See social media for info.

Crossroads

We had a Funday Sunday at the Crossroads in the end of August. It started with a Heritage walk, and then 'fun at the crossroads' followed by more fun in the Ramor Inn. Well done everybody who turned out and made it a lovely family occasion.



Virginia Cancer Fund Annual 10K fun run fundraiser, and we were delighted to host it. Well done to all who took part and smiled through it despite the bad weather. Thanks to all helped out in any way to make the day the fantastic success it was



Sally Kermath, Claire Smith, ClaireAnn Brodie.

Eugene Sheridan.

Breeda and Una Yore.



Brogan sisters: Joan, Margo, Catherine, Orla.

General tidy up at the Crossroads There will be a general tidy up at the Crossroads on Monday the 30th of October at 12 noon to end the year (weeding, cutting, etc). Please come and give a hand to make our surroundings look pleasant.

Our Christmas Event at the Crossroads will take place on **Sunday 10th December**. We will light the Christmas Tree. Details and Time to be decided, and will be advertised locally.

Synchronised (Artistic) swimming group excelled at the World Down Syndrome Games in Italy in Sept. These young swimmers from Eileen Dunne's (Coronagh) swimming group won GOLD at the SUDS games in Italy. They have since been interviewed on Virgin Media and featured in the Meath Chronicle. Another of our Meath Athletes broke the European record in running. We are currently registering our team with Swim Ireland. We would like to thank all who generously helped fund these wonderful athletes. The raffle of the painting by Jean Dunne raised almost a thousand euro.



Our World Champions: Huge congratulations to Nathan and Kaitlyn de Kleer, Boat Road, on their huge achievement of their U-16 team GOLD medal and Nathan's individual Bronze medal win in Holland in the World Championship shore angling 2023. Never before has an Irish under 16 team been able to secure a Gold medal.

Knocktemple NS Enrolment for School Year 2023 - 2024

All info regarding **enrolment** and other school details are available on our school website, www.knocktemplens.ie and on our school Twitter page @knocktemple. Please phone the school on 049 8547081 or e-mail office@knocktemplens.ie for an application form or if you have any questions. Please feel free to share this form with anybody who is considering enrolling their child in our school.

Team Hope Shoeboxes: We are supporting the annual Team Hope Shoebox appeal again this year. All shoeboxes can be left in the school office before Thursday 9th November please. More information on <https://www.teamhope.ie/christmas-shoebox-appeal/>

Cash4Clobber: There will be a Cash4Clobber clothing collection organised by Knocktemple NS. All bags of clothes can be sent into school for collection. Thank you.

First Holy Communion will be celebrated on Sat **25th May 2024 at 11am** in St. Bartholomew's Church.

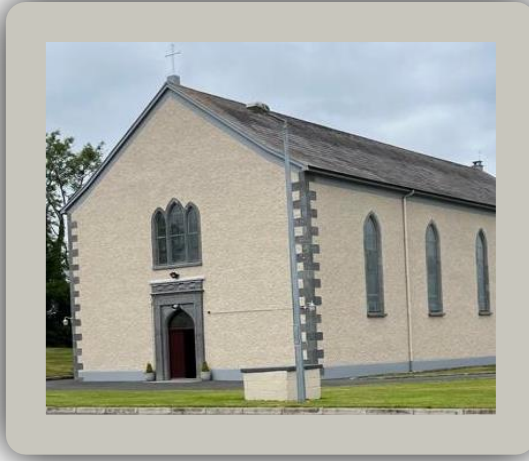
The sacrament of **Confirmation** in our parish will take place on **Sat 11th May 2024 at 3pm** in St. Mary's Church, Castlerahan. Our pupils will receive the sacrament with pupils from Castlerahan NS and the venue will alternate each year.

ECCE & Afterschool: Mini Me's. Located beside Castlerahan School. We are now taking bookings for ECCE and Afterschool for Sept 2023/2024. Limited places. Contact Anita Clarke. 083-206 7482 minimesplayschool1@gmail.com

Halloween + fireworks etc. result in dogs getting very scared.

- Take a few good photos of your dogs, so that if/when they go missing, you have a recent photo
- If your dog has a tag with a phone number – it is certainly very helpful.

ST. BARTHOLOMEW'S CHURCH



Schedule of Weekly Masses	Contact details for Priests	
Tuesday: 9.30am	Fr Kevin Donohoe	049-8544410
Wednesday: 9.30am		086-852 4816
Friday: 8pm.	Fr Brian Flynn	049-8547435
Sunday Mass: 9.30am		086-0422996
Webcam: churchtv.ie/ballyjamesduff		Parish email: ballyjamesduff@kilmore.ie

INFORMATION ABOUT PARISH SACRAMENTS

Baptisms: Saturday & Sunday. Please Call Fr. Kevin for baptisms in Ballyjamesduff & Castlerahan and Fr. Brian for baptisms in Munterconnaught.

Getting Married: Couples should give at least six months' notice of their intention to get married and to ensure that the date is available at the church of their choice.

First Friday Visits – If one of your family members would like a visit and receive Holy Communion on the first Friday of each month, please let Fr. Kevin or Fr. Brian know and their name will be added to the list.

CHY REVENUE TAX FORMS. Members of the parish Finance Council are actively following up the completion of Tax forms. Many thanks to all who have returned their tax forms over the last number of weeks. For some others you may have just forgotten or left it to one side with the intention of filling it out later. This is a vital source of income for the parish but can only be claimed if the form is returned. Your immediate attention to returning this form would be very much appreciated. If you have any queries in relation to completion of the form, please text 083-097 2655.

Banking Details for our Parish

A.I.B Bank Details for St. Bartholomew's Church

Weekly Offertory Collection

Current Account

Sort Code: 932051

BIC: AIBKIE2D

Account Number: 42217044

IBAN: IE94AIBK93205142217044

Priest's Revenue Account (Monthly Dues)

Current Account

Sort Code: 932051

BIC: AIBKIE2D

Account Number: 42444028

IBAN: IE83AIBK93205142444028

Many thanks for your contributions to the upkeep of the parish and the salaries of the priests.

Volunteers are always welcome. To join, contact: Altar Society - Dympna 086 361 3902.
Readers - Ann 086 356 5640. Choir - Caroline 086 244 0385

The **parish** Newsletter is distributed each weekend by email. Anyone who would like to receive a copy, contact skellynoeleen@gmail.com or 086-0828040

Pilgrimage to the Holy Land: Fr. Gerry McCormack, P.P, Kingscourt will lead his 21st consecutive pilgrimage to the Holy Land from **Nov 24th – Dec 2nd**. Cost €2,095 inclusive of flights, baggage, all transfers, full use of air-conditioned coach, all entrance fees, excellent catholic guide and a full religious programme. Book with Navan Travel at 046-9068600 and all enquiries to Kingscourt Parish office at 042-966731

If you feel overwhelmed, Samaritans ☎ 116 123

Some tips for coping better

<https://www.facebook.com/moodwatchers/>

Phone a friend. Just say **“I need help”**.

Or, you might be interested in :

<https://thedepressionproject.com/blogs/news/positive-uplifting-encouraging-quotes-for-depression>



Family Addiction Support Network (FASN) Helpline: 087-9046 405.

Office: 042-9355 251 www.fasn.ie

If you are a Family Carer: <https://familycarers.ie> may be able to offer support & direction.

If you need help with finances, contact MABS 0818 07 2000

The MABS Helpline **0818 07 2000**, is available Monday to Friday from 9am to 8pm. Helpline Advisers can give you advice and support on many money management and debt issues, and can also provide you with MABS self-help materials free of charge.

Gardeners' Corner

We have two local WhatsApp gardening groups.

The **Munterconnaught & local** garden group swaps and shares seeds plants etc. and sometimes even offers or seeks advice. (See page 24 of the digital edition, for advice on how to save seeds.) ☎ Noeleen 086-0828040 to be added to this group.

The **Virginia Show garden group** does the same as above, but also arranges gardening and similar classes in the Virginia Show Centre. ☎ Monica 086 126 1393.

Random Notes.

Looking for Brigid. Deirdre, a Photographer is searching for women named Brigid (or Brigit, Bridget, Bríd, Bridey or Bridie or any spelling of the name) to commemorate the 1500th anniversary of Brigid's death in 2024. Deirdre can travel to you to take the portrait. Contact Deirdre 087-9951252 photo@deidrebrennan.com Poster on page 19.

Would you like to become a FIRST RESPONDER. Contact Lakeside Community First Responders. 086-062 0831. No closing date, as training is ongoing. See page 15 of the digital version of this newsletter.

Cleaner available. Milana Sims, Virginia. 086-3375827. Own car. Very thorough.

Bowel Screening: If you are aged between 59 & 69, you are eligible for Bowel screening. To register Freephone 1800 45 45 55 email: info@bowelscreen.ie or [register online](#)



Club Officers for 2023

Chairperson: John Lynch

Secretary: David Cremin

PRO: Aisling Burns

Designated Liaison Person: Sean Enright

Underage Chairperson: Aidan Barr

Vice Chair: Val Yore

Treasurer: Maria Carr

Children's Officer: Lynn Grimes

Cultural Officer: Caroline Gilsenan

Underage Secretary: Joanne McGovern

LOTTO RESULTS JP Jackpot. QP Quickpick.

- 17th July:** JP: €11,100. Nos: 16, 17, 24, 30 QP: Bridget Tighe, Carrick; John Matthews, Croghan; Niamh Brady, Knocknagarten; Pauline Keenan, Drumheel.
- 24 July:** JP: €11,200. Nos: 01, 04, 21 & 27 QP: Catherine McGuinness Cahill, Island; Una & Martin Hetherton, Ryefield; Tom & Ann Tuite, Fennor, Oldcastle; Leontia McDermott, Annyalla, Monaghan.
- 31 July.** JP: €11,300. Nos: 14, 29, 30 & 31. QP: Sean Keogan, Beherna; Michael Brady, Ryefield; Theresa Finnegan, Church St, Oldcastle; Martin Flood, Oldcastle.
- 7th August.** JP: €11,400. Nos: 11, 15, 21 & 32. QP: Maria Carr, Knocknaveigh; Linda Gill, Crossafehin; Brenda Creamer, Roundwood, Bray, Co. Wicklow; Aileen Curran, Oldcastle.
- 14th August:** JP: €11,500. Nos: 09, 21, 24 & 29., QP: Ann Bough, Ryefield; Catherine McGuinness Cahill, Island; Frank Finnegan Sr, Church St, O'castle; John Mooney, Mullagh..
- 21st August.** JP: €11,600. Nos: 03, 05, 06 & 07. QP: David Cremin, Ryefield; Rosemary Gilsenan, Corronagh; La Fitzsimons, Fennor, Oldcastle; Nicole Egan, FSW, Virginia.
- 28th August.** JP: €11,700 Nos: 03, 09,10 & 14. QP: Eugene, Liz & Colm Geraghty, Stramatt; Alanna c/o Colm Geraghty; Ruth McToal, K'temple; Paraic Hetherton, K'temple.
- 4th Sept.** JP: €11,800. Nos: 04,08,09 & 16. QP: Liam O'Reilly, Ryefield; Catherine McNamee, Knocknaveigh; Maria Carr, Knocknaveigh; Nicola O'Rourke, Virginia;
- 11th Sept:** JP: €11,900. Nos: 12,13,24 & 29. QP: Margaret Reilly, Oldcastle; Yvonne Reilly C/o Ann Tuite; Edel Sheridan, Knocknaveigh; Lorna Gaule, Munterconnaught.
- 18th Sept:** JP €12,000. Nos: 6, 9, 12, 23. QP: The Carr Family, Knocknaveigh; Les Gillete, Ryefield; Niall O'Donoghue, Island; Martin and Ann Hetherton Crohan.
- 25th Sept:** JP: €12,100. Nos: 04,05,10 & 27. QP: Elaine O'Sullivan c/o Lisa Fitzsimons; Leontia McDermott; Lorna Gaule, Munterconnaught; Catherine Stanley, Donegal.
- 2nd Oct:** JP €12,200. Nos: 02,05,14 & 25; QP: Liz & Larry Fitzsimons Fennor; Eilish Carroll, Knocktemple; Ryan Mc Cabe, Crosserlough; Eugene Sheridan, Ryefield.
- 9th Oct:** JP: €12,400. Nos: 07, 09, 23 & 27. QP: Damien Gilsenan, Knocknagarton; John Lynch, Eighter; Les Gillett, Ryefield; Peter O'Dowd, Island.
- 16th Oct.** JP €12,600. Nos: 2, 14, 20, 21. QP: Pat McGovern, Virginia; Frankie Finnegan, Oldcastle; Séamus & Bridget Hetherton, Corronagh; David Woodcock, Island.
- 23rd Oct.** JP: €12,800. Nos: 17 18 24 27. QP: Kitty Lynch, Croghan; Yvonne Henry, Cortown; Colm Farnan; Betty Flynn, Woodpole;

Next Jackpot-Monday, 30th Oct. €13,000

In the Ramor Inn.

Congratulations to all winners. Thank you for playing our lotto and supporting our club. Play online on Clubforce, or envelopes available locally. If you're not in you can't win.

Senior Men's Team won the Junior Championship Shield (V Kill in the Final)
 Munterconnaught: 1-12(15) Kill: 0-7(7)



Back (L-R): Paddy Galligan, Frank Gilsenan, Jason Gilsenan, Stephen Gargan, Sean Nolan, Shane Hanley, Caolin Hughes, John McCabe, Darragh Cremin, Tadgh Morrissey, Conor Hetherton, Fergal Smith, Charles Bough, Feargal Keogan.
Front (L-R): Corey Gilsenan, Bryan Kenny, Daniel Yore, Shane Hetherton, Cejay Reilly, Sean Erickson, Sean Clarke (Captain), Enda O'Shea, Paddy Matthews, Stephen Sheridan, Cian O'Shea, Eoin O'Shea, Daniel Nolan

Well done to our Senior Ladies who won the Division 4 League Final



Back (L-R): Luke Lynch, Tomás Lynch (Manager), Ciara Enright, Ruby Temple, Aoife Campbell, Holly Watters, Emma Henry, Emma Cullen, Kiera Lynch, Grace Barr, Ruth Gilsenan, Ciara Gaffney, Kate O'Reilly, Saoirse Reilly, Linda Henry & Paul Cahill (Trainer).
Front (L-R): Caoimhe Hennessy, Molly Lynch, Ruby Govern, Dawn Higgins, Aoife Henry, Bronagh Mullen, Zoe Maguire (Captain), Aisling Gilsenan, Lily Maguire, Emma Fitzpatrick, Chloe Donoghue, Grainne Hetherton, Kate Gibson, Stephanie Meehan.

U17 - Congrats to our U17's on winning the Shield final



Back (L-R): Paddy Tobin, Ciaran O'Brien, Ped Erickson, Darragh Hennessy, Ivan Devin, Lee Glennon, Daniel Hetherton, James Tynan, Cillian Hofmann, Fintan Devin, Ryan Nwaneri, Harry Duffy, Barry Fagan, Coleman McColgan, Luke Yore, Lorcan Caffrey, Nathan DeKleer, Jack Tobin, Tommy Smith, Philip Yore,
Front (L-R): Christopher Bough, Ryan Gilsenan, Kyle Cullen, Corey Reilly, Conor Barr, Jake Drury, Jamie Farrelly, Matthew Duffy, Corey Clinton, Charlie Brunton, Oisín Cullen, Cathal Nevin, Paddy Tuite.

U15 Div.2 C'ship Shield winners.

Back (L-R): John O'Reilly,

Liam Gilsenan, Lucas Daly, Callum Daly, Brendan Walsh, Peter Clarke, Christopher Bough, Conor Enright, Fintan Devin, Lee Glennon, Darragh Hofmann, Ethan Livingstone, Zach Fitzsimons, Eoin Tobin.



Front (L-R): Aidan Barr, Alex Yore, Oisín Glennon, Conor Smith, Lorcan Donohue, Conor Murray, Conor Daly, Dillan Bough, Dylan Tobin.

U13 reached the Division 3 Summer League Cup Final

Back (L-R) Aaron Donoghue, Charlie

McGovern, Jamie Henry, Ciaran Hetherington, Noah Carr, Alex Yore, Adam Brady, Oran Brady, Conor Murray, Tom Brady, Peter Geraghty.

Front (L-R) Tommy Lynch, Jack Walsh, Jason Hetherington, Oisín Glennon, Tomás Farrell, Ethan Livingstone, Daniel Tully, Daniel Hoffman, Ben Drury, Conor Smith.



Munterconnaught Gear is now available to pre order online with Playr Fit at the following link <https://playr-fit.com/munterconnacht-gfc/>

Fantastic work at our club grounds this past few weeks.

Safety fencing erected, ground prepared with players, committee members and club members all picking stones readying the new pitch area for final grading and sowing. A massive thank you to all who have given up their time to make this happen



Congratulations to Senan Dunne, son of Anthony Dunne, whose team won the U15 Meath GAA football Championship Div 3 in Dunganny. Senan was a star.

Blackwater Gaels Raffle 2023. Fab prizes: Nights away in Wexford / cash prizes of €200, €150 & €100. Loads of prizes. Draw on 11th Nov in Lakeside Manor. Tickets are €5 each or €10 for 3 tickets. Tickets are available from players, committee members and local shops.

Fixtures: See club social media pages for up to date fixture info. A full fixture list for the week ahead is posted each Monday on our "MuintirConnacht GAA" Facebook page.

Walking Track Lights: The only means to be used to light the walking track is by using the external switch on the outside wall, left of the main door of the clubrooms. This is on a timer and will automatically extinguish the track lights after a set time period. No other means should be used to light the track. **Please switch off lights when finished.**

Drug & Alcohol: If you need help to cope - if you find yourself in trouble with drugs or alcohol, John Lynch & Sean Enright are the non-judgemental people to talk to in the club, and will direct you to the appropriate services to get you the best advice and guidance.

Cavan GAA Sensory Room in Kingspan Breffni has been designed to enable children with additional/sensory needs watch matches with family from a comfortable and quiet space.

LOCAL NOTICES & THINGS TO DO

FAMILY SUPPORT CLINICS, held in Virginia Show Grounds every Tuesday morning, will continue in 2023, from 10am to 12 Noon. Phone Sandra at 086-836 6153.

CRAFTS AND CHAT - every Wednesday, Knocknaveigh (A82 V0P1). 7.30pm. €5. Crafts, chat, tea and buns. 📞 Sandra for info. 086-8205177.

EMERGENCY BUTTON: For info - contact Martin at 086-0434445

MEN'S SHED: New Members welcome to **VIRGINIA MEN'S SHED** (From 40 to 90 years old – call 087 765 3725 or just call in Wednesday 8 to 10 pm and 11 to 1 on Friday

BOAT TOURS ON LOUGH RAMOR. On a fully accessible Boat. **Pre-booking is essential** - Phone John Wilson 087 124 1674

RAMOR THEATRE: See what's on <https://www.facebook.com/RamorTheatreVirginia>

CAVAN COUNTY MUSEUM: 049-8544070. Virginia Road, BJD. A82 YP70. Adults €6. Seniors: €4. Family ticket €14. Open: Tue, Wed, Thurs, Fri & Sat 10am-5pm.

CAVAN CO COUNCIL WEBSITE: There are loads of interesting things to check out. Re grants (private houses, community etc.), as well as Leisure, Amenities, Transport and much more.

VIRGINIA SHOW CENTRE: Check out their fb page, loads to do for young and old.

KEEPING FIT

VIRGINIA RAMBLERS: Wednesday afternoon walks start at 2pm at the Virginia Show building.



Virginia Ramblers Walking Club est 2016

(see Virginia Ramblers fb page for further details). No dogs.

PARK RUN IN VIRGINIA, EVERY SATURDAY MORNING AT 9.30 AT DEERPARK, VIRGINIA.

Register once at www.parkrun.com check out <http://www.cavansportspartnership.ie/> for more details.

ACTIVE VIRGINIANS: New members welcome. Ladies and men aged 50+. Classes every week, Bowls, Pickleball, Art, Computers and more. For info: 087 235 0515 or Email: m spatprice@gmail.com

CAVAN SPORTS PARTNERSHIP: So much info – too much to include here. Check it out.

CAVAN PPN: <https://www.cavanppn.ie/>

Local Whatsapp groups: ● Munterconnaught group. 086-397 1634
● Local Gardening group 086-0828040.

Local useful Facebook pages: [MuintirConnacht GAA](#) [Munterconnaught Community](#) [Cavan Old Irish Photos](#) [Cavan Heritage](#) [Munterconnaught Heritage Society](#) [Munterconnaught CommunityAlert](#) [Munterconnaught Crossroads Development](#) [Shane Martin Moodwatchers \(Uplifting guidance & suggestions\)](#) [Virginia Ramblers Walking Club est 2016](#) These can all be searched for and joined through fb

Community Website: Munterconnaught.ie. Any articles or photos of interest can be sent to info@munterconnaught.ie

ROAD SAFETY To date this year, Fatalities on our roads are: Pedestrians (38); Motorcyclists (2), Pedal cyclists (5); Pillion Passengers & Other (1). **That is 154 so far this year.** Each of them have left grief-stricken families behind. These numbers do not include anyone with life-long physical or brain injuries. This is not a statistic you want to be included in. Pay a little more attention to speed.



www.envirostar.ie

Empty Septic Tanks
Paraic Hetherton 086-2538915



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Ryefield Stores 049-8547206

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Tea, Coffee, Ice cream cones



Ice cream bar is now open...

try our new hot chocolate brownie


Coal, logs, gas, home heating oil

 Paddy 086-833 2036 for delivery.



The Ramor Inn Beer Garden

Mini Me's ECCE & Afterschool
Beside Castlerahan school Contact Anita 083-206 7482
minimesplayschool1@gmail.com



Mini Me's ECCE and Afterschool

located beside Castlerahan School
We are now taking bookings for
ECCE and Afterschool for September (03/24)
Limited Places available.

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Email: minimesplayschool1@gmail.com

Ramor Landscaping

Book your grass-cutting for 2023



Hedge cutting

Winter clean-ups

New Hedges planted.

Phone David Skelly

087-2427399

**Huge sale on trees
see gardening section**

ramorlandscaping@hotmail.com

Hairdressing Salon



Ladies & Gents

**Open Tues., Wed. & alternate Sat.,
Cut / Blow dry / Colour / Styling**

Contact Marina on 049 85 48964

FORGE FRAMING, LURGANBOY.

(RICHARD GALLAGHER) 087 7122 258.

Forge Framing service was set up by me, Richard Gallagher from my cottage in Lurganboy. Most things can be framed e.g. jigsaws, jerseys, and various other items.

Prices are usually €40-60 depending on the frame and size. If you'd like to know more please have a look at my Facebook page or contact me directly.

<https://www.facebook.com/forgepictureframing>

Forgeframing@gmail.com



USEFUL EMERGENCY NUMBERS (ALWAYS have your Eircode nearby)

Medical Emergency - In the event of a medical emergency **dial 999**.

There is a **defibrillator at the football club**, located outside the main entrance. This is the only defibrillator in the local community that is immediately available to the public.

The football club is happy to make the defibrillator available to the wider community in the event of an emergency. However it is not in a position to provide a “first responder service” outside of club grounds.

LOCAL GARDA: VIRGINIA 049-8547002 BAILIEBORO 042-969 4577
EMERGENCY SERVICES 112 OR 999
LOCAL DOCTORS: <u>Virginia:</u> Dr Igoe 049-8546222 <u>Oldcastle:</u> Dr McKevitt, 049-8541118. Dr Ann Marie Gilsean, 049-8541159
DOC ON CALL 1850 777 911 CAVAN GENERAL HOSP: 049-4376000
ACCORD: 049 4331496. 049-4375004, cavanaccord@eircom.net .
AFFORDABLE LIVE-IN HOMECARE provides live-in carers for the elderly in your area. If you are looking for a live-in carer for your relative, please call Eileen or Tom on 087 991 6791 or 087 744 0729. Go to www.alhomecare.ie for the Family Information Booklet.
CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEE (CYPSC). The Cavan Monaghan Services website provides official listings of services for children, young people and families in Cavan and Monaghan. This includes info on <u>health</u> , <u>mental health</u> , <u>education</u> , <u>disability</u> , <u>youth</u> , <u>childcare</u> and <u>other services</u> . https://www.cavanmonaghanservices.ie/
CUAN CANCER SUPPORT CENTRE (086-4556632) is a social support & wellness group for anyone who has had a cancer diagnosis & their family members. It offers free & confidential <u>counselling service</u> ; <u>Complimentary therapies</u> ; <u>wellbeing enhancement</u> ; <u>nutritional advice</u> ; <u>MLD massage</u> ; <u>financial care coaching</u> , programmes & workshops - to service users & their families by appointment. fb: Cuan Cavan Cancer Support Centre. cuan@cavan.ie . www.cuancancercavan.ie Address: Knappogue House, Tullacmongon, Cavan H12 WV62 Opening Hours: Mon & Wed 9am-1pm & 2pm-4.45. Fri 9am-1pm & 2pm-4.30pm
GROW – Help and support in the area of mental health. Anonymous & Confidential. 086-0201718.
Kilmore Diocesan Child Safeguarding Liaison Person - Susie Duffy 049-4375004 Ext 105.Fr. Sean Mawn 071-9644039
MARY'S MEALS: €18.30 will feed a child for an entire school year. We are asking for help to fundraise. “Move for Meals” is encouraging supporters to set themselves a challenge and get active. For more info contact Trish on 086-3140814 or www.marysmeals.ie
NATIONAL BEREAVEMENT SUPPORT LINE. 1800 80 70 77. Mon-Fri, 10am-1pm.
RAINBOWS: a support programme to help children & adolescents cope with grief or loss due to separation, bereavement or divorce. 01-4734175. www.rainbowsireland.ie
SOSAD: Save our Sons & Daughters. SOSAD Irl works in the N/E to help anyone affected by or concerned about suicide. www.sosadireland.ie 1800-901-909
SAMARITANS: Call 116 123 anytime. Don't give up. You have too much to lose. https://www.samaritans.org/ireland/how-we-can-help/contact-samaritan/
ST VINCENT DE PAUL 086-8312765 Free phone 1800 677 7777
Woman's Aid National Free Phone Helpline – 1800 341 900
WIDOW.IE Support group for those who have lost a partner. https://www.widow.ie/links-page/ There are various useful links, on the links tab.
TEARMANN: Domestic Violence Service. 047 72311 Mon–Fri. 9am–4pm. https://tearmann.net/
TUSLA- Cavan – 049-4377305
WOMAN'S AID National Freephone Helpline 1800 341 900

Valuable Sources of Research available

By Declan Cooney.

The following sources may be of use to anyone who would like to carry out research into some aspects of family or local history. Also, the Johnston Central Library in Cavan has an excellent section on local studies.

- Munterconnaught A History 1847 – 1997 (Knocktemple History Committee, 1997)
- Noisy Mansions (Knocktemple History Committee, 2006)
- Griffith's Valuation was a boundary and land valuation survey of Ireland, completed in 1868. See www.askaboutireland.ie
- Tithe Applotment Books: These were compiled between 1823 and 1837 to determine the amount which occupiers of agricultural land over one acre should pay in tithes. See www.titheapplotmentbooks.nationalarchive.ie
- Census Records: The complete census information from 1901 and 1911 is available online as well as some fragments from earlier census records. See www.census.nationalarchive.ie
- Schools' Folklore Collection. This is a collection of folklore compiled by schoolchildren in Ireland in the 1930s. See www.duchas.ie
- Michael McShane and Catherine Kerr, www.cavantownlands.com
- Archaeological Inventory of County Cavan (Patrick F. O'Donovan, 1995)
- The Parishes of Munterconnacht and Castlerahan (Dr. Philip O'Connell, Journal of the Breifny Antiquarian Society, 1925, pp 263-310)
- John Smith, The Oldcastle Centenary Book, (Oldcastle Centenary Committee, 2004)
- Patrick Cassidy (ed.), Virginia a portrait: Celebrating 400 years 1612-2012, (Virginia 400 Committee, 2012)
- MUNTERCONNAUGHT UNCOVERED Heritage of a Rural Cavan Community. (Munterconnaught Heritage Society, 2008).



******Lakeside Community First Responders******

**Would you like to be part of an elite team within the
Maghera/Munterconnaught Community?**

If the answer is yes, please contact **086-0621831** for further information.

What you need:

- ✓ A positive attitude towards helping your community.
- ✓ To be over 18 years of age.
- ✓ Access to a fully insured vehicle (and licensed to drive it) or transport enabling you to reach the patient within the assigned time & radius.

What you do not need:

- ❖ Any medical experience as all training will be provided by the scheme.

Community First Responders (CFR) are volunteers who are trained to attend certain types of emergency calls in the area where they **live or work**.



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located beside Castlerahan School

**We are now taking bookings for
ECCE and Afterschool for September (23/24)**

Limited Places available.

Contact: Anita Clarke

Mobile: 083 - 206 7482

Email: minimesplayschool1@gmail.com

<https://www.facebook.com/100045540475589/posts/pfbid0FstUpEPvZhmbwZKbXNzNncaXDJH4LsTbiUZm8QyzYsKxTvZFpmupsR4Hdoc8MFan/>

Ballydurrow Yoga

Wednesday 18th October



7:30pm-8:30pm
4wk:40eu

book a space with
Vickie:0879039236



MUNTERCONNAUGHT COMMUNITY DEVELOPMENT ASSOCIATION CLG
BALLYDURROW COMMUNITY CENTRE | VIRGINIA, CO. CAVAN

Email: info@munterconnaught.ie

Superkids Preschool

Ballydurrow

**Limited ECCE and NCS Places Now
Available 2023/2024**



Please Contact superkids.manager@munterconnaught.ie

Or

Helen 0852547548

COMPANY SECRETARY | CARINA O'REILLY

DIRECTORS: PATRICK CONNELL, CAROLINE FARRELLY, ROBERT GILBERT, JOHN GILBERT,
TOMÁS LYNCH, NOEL MCENRIE (CHAIR), DERMOT O'REILLY, PATRICK SKELLY



LOOKING FOR BRIGID

or Brigit, Bridget, Bríd or Bridey.
Any spelling of the name.

**PHOTOGRAPHER SEARCHING
FOR WOMEN NAMED BRIGID,
OR ANY OTHER SPELLING OF THE NAME FOR
A PORTRAIT PHOTOGRAPHY PROJECT
TO COMMEMORATE THE**

1500th anniversary of Brigid's death in 2024

A celebration of modern Irish women through the eyes of Brigid.

**I can travel to you
to take the portrait**



Call Deirdre
087 995 1252
photo@deidrebrennan.com

The project is funded by



**funding
visual arts**





Meath County Council

1d · 🌐



A reminder of Halloween Amnesty at local Recycling Centres!

To divert combustible materials from Bonfires, there will be **NO CHARGE** for Beds, Headboards, Couches, Armchairs, Outdoor & Indoor Tables and Chairs for all Meath based householders on Thursday 26th and Friday 27th October from 9am to 4pm at Meath Recycling Centres listed.

All visitors must be resident in Co Meath. €2 gate entry charge applies.

Enquiries to environment@meathcoco.ie

Halloween Amnesty at Recycling Centres

To divert combustible materials from Bonfires, there will be NO CHARGE for Beds, Headboards, Couches, Armchairs, Outdoor & Indoor Tables and Chairs for all Meath based householders...



**...on Thursday, October 26th and
Friday, October 27th 2023
between 9am and 4pm**



**at Navan, Kells, Trim Recycling Centres and
Thorntons Recycling Centre Dunboyne,**

**€2 entry charge to access the recycling centres
No Mattresses and No Hazardous Waste**

**All visitors must be resident in Co. Meath and must show a
driving licence or utility bill with corresponding photo ID to avail
of the free bulky waste offer**

Enquiries to environment@meathcoco.ie



comhairle chontae na mí
meath county council

VIRGINIA SHOW CENTRE

PUMPKIN FAIR CRAFT & FOOD

SUNDAY, 29TH OCTOBER

SHOWGROUNDS, VIRGINIA, CO. CAVAN

10 AM | INDOORS | FREE ENTRY

KIDS
ACTIVITY
CORNER

FANCY
DRESS



Virginia Show Centre

October 15 at 11:03 PM · 🌐



Sunday 29th October. Pumpkin Carving open to all. Bring in your carved pumpkin for chance to win a prize.

Kids Activities Corner, song and dance, Craft and Food Fair. All welcome. 12-4 free event
RINKA Kids Fitness Cavan Virginia Triathlon & Cycling Club Jumping Jellybeans, Virginia, Co.
Cavan ICA Maghera Guild Virginia Ramblers Walking Club est 2016 Ramor Utd GFC Maghera
MacFinns GFC Cross Community East Cavan Eagles Basketball Virginia College St. St. Mary's
Parents Association <https://www.facebook.com/groups/564236011986294>





Certification: Certificate of Attendance from FRS Training

Duration: 1 day training

Programme Content:

- Safety Checks before starting.
- Setting up a good driving position
- Safe driving
- Hitching tractor to other implements
- Operating trailed machinery from tractor
- Checking the terrain
- Practical driving skills

Facilities Required:

Classroom and yard area, Tractor, Trailer/Bailer:

Max numbers of participants:

12

Entry Requirements:

A good command of the English language and a good level of numeracy and literacy.

Why should I attend?:

Learners that attend this course will be shown how to drive tractors to an acceptable standard and how to attach trailed implements.

Entry Arrangements:

An Application form must be completed, and places are allocated on a first come first served basis.

Assessments:

The learner is required to complete - Skills Demonstration 100%

Course Fees:

All fees to be paid in full before course commences. Price available on website or through contacting the sales team.



How to save our seeds.



Autumn is upon us. Our gardens are changing colour, the harvest is over, and we are all busy tidying them up.

It is a lovely time of year, a time to be thankful for the bountiful harvest we have enjoyed over the past couple of months, for the weather and the colours around us. It is also time for our garden to take a rest. It is the end of one season but the beginning of a new one.

The story of each garden starts with a seed, a tiny promise of new life.

This minute life is in our hands now, and it is up to us if we put it in the compost bin or save it up for next season. It is up to us if we keep it in a safe with 12 digit code or share it with our friends and neighbours!

If we decide to collect the seeds from our flowers, vegetables or fruit, we should know how to store them, as only this will ensure their sprouting and blooming next year. It is this that I wanted to talk to you about.

Timing: It is important to know when our seeds are ready for us to gather. It is easier with some plants where we see the flowers die and the seeds drying out (sunflower, lettuce), or the fruit dries and we can remove the seeds and dry them (beans, peas). There are others, however, like courgettes, cucumbers and tomatoes which we normally consume before the seeds are ready. Therefore, to pick the seeds we need to leave the vegetables to ripen. For instance, cucumbers change to yellow or almost orange. Then we open them up, pick out the seeds and dry them on the piece of paper by the radiator.

Storage: Keep your seeds in a dry place, the perfect temperature for seeds storage is from -5C to +5C. It is said that higher temperatures can affect the seeds' potential to sprout. The fridge seems to be a good place - but do we have enough space to keep 50 types of seeds there? Probably not - I would go with the garage, dry, mostly dark and not heated. Should work.

Containers: Here we can let ourselves go crazy! There is so many options that everyone will find something that will work for them.

- The most traditional are small brown paper bags. They keep the seeds in the dark and dry. You can write the plant/flower type on them Easy! Store them in a shoe box neatly one after another and it should work just fine. One disadvantage - most likely they will be single use only.
- Plastic bags with zip. Again easy to use and keep your seeds separated. You can stick stickers or write on them to indicate what seeds are inside. (may be reused next year). Easy to store in a shoebox but not as tidy as brown bags. Disadvantage? The seeds need to be properly dried, otherwise they will rot. Not perfect, but it works!
- My favourite! You know the containers you buy your herbs and spices in? Well why not? They are glass, easy to mark what's inside and tidy to store. Yes you need a space in the garage to put them in nicely but so worth it.
- And then you can buy any small Tupperware containers or use old medicine bottles. You can use anything that will help you keep them dry and tidy.

If you have a lovely community around you, you can share or exchange. Enjoy.

And when the time comes... Go plant it as the adventure with gardening starts with a seed.

Research done based on links below :

<https://zielonyogrodek.pl/pielegnacja/uprawa-roslin/219-4-sposoby-na-przechowywanie-nasion>

<https://www.seedsavers.org/how-to-save-seeds>

